

Autumn Epic Route

Route	Long route km	Short route km
Start outside Knighton Community Centre	0	0
Leave car park via top entrance by Tuffins where give way turn right signposted Town Centre	0.1	0.1
Follow signs to Newtown		
Turn right, signposted Newtown, Beguildy	0.7	0.7
Continue on B4355 through Knucklas	4.0	4.0
Lloyney	5.6	5.6
Dutlas	10.0	10.0
Beguildy	13.0	13.0
Felindre	16.0	16.0
Climb through hairpins	22.0	22.0
Cattle grid	22.6	22.6
Turn left onto minor road signposted Llanddewi Ystradenni	24.0	24.0
Cattle grid	25.9	25.9
Turn right at crossroads, unsignposted.	26.2	26.2
Roads slippery in shade. Watch for pothole on left at bottom of descent.		
Descend steeply to junction with main road. CARE.	29.0	29.0
Give way turn right onto A483 direction Newtown	29.2	29.2
Turn left signposted Llaithddu and Bwlch-y-sarnau	30.7	30.7
Bear right signposted Bwlch-y-sarnau and Pant-y-dwr	39.0	39.0
Turn left at t-junction signposted Abbey-cwm-hir 3 miles	41.3	41.3
Turn right signposted Rhayader 6 miles. Single track road high hedges	46.0	46.0
Steep descent, rough surface, hairpin followed by subsidence on left hand side	49.0	49.0
Turn left at t-junction signposted Rhayader 3 miles	50.0	50.0
Follow signposts to Rhayader	51.6	51.6
Give way turn right at t-junction	55.2	55.2
Straight on past monument	55.8	55.8
Food stop on left at village hall. Food, drink, toilets. Bicycle pump.	56.3	56.3
Turn right on mountain road for long route. Short route keep straight on	56.4	56.4
Long route: after climb turn left down through hairpins to cross iron bridge	64.0	-----
Long route turn right, over iron bridge (signposted cycle route 8). Meeting short route.	82.8	57.9
Short route turn left, over iron bridge (signposted cycle route 8). Meeting long route.	82.8	57.9
Left following national cycle route 8. Single track	83.2	58.3
Left following national cycle route 8. Sharp turn almost hairpin.	86.7	61.8
Through village to t-junction with A470 where turn right	87.7	62.8
Follow A470, enter Newbridge.	94.9	70.0
Turn left signposted Llandrindod Wells on B4358	95.4	70.5
Turn right signposted Disserth and Howey. Pass 'Quackers'	96.4	71.5
Steep climb	97.9	73.0
Turn left onto main road for 100m	99.6	74.7
Turn right signposted Hundred House 5 miles	99.7	74.8
Steep climb for 300m. Cattle grid.	101.9	77.0
FOOD STOP 2	103.1	78.2
Follow sign to Hundred House	104	79.1
Cattle grid	105.4	80.5
Hairpin left signposted Hundred House	106.1	81.2
Give way at crossroads. Straight across signposted Glascwm 4 miles	107.9	83.0
Go through Glascwm to start steep climb of 1km at cattle grid	114.3	89.4
Cattle grid	116.8	91.9
Turn right towards Newchurch	117.2	92.3
Give way, turn left on B4594 (continue to Gladestry where remain on B4594)	121.2	96.3
Give way at junction with A44 where turn left signposted Rhayader	131.5	106.6
Enter Walton then turn left signposted Presteigne 6 miles	133.4	108.5
At roundabout turn left signposted Knighton	141.5	116.6
Turn right signposted Knighton	143.4	118.5
Climb 4km then descend to t-junction in Knighton where give way before turning left.	152.8	127.9
Turn right at Tuffins to finish in car park by Community Centre.	152.9	128
Late changes see www.cycloportives.co.uk		